### **Student Health Services**

### SEA Project Annual Goals Cover Sheet



| Over-arching issues we are trying address: Mental health for at-risk students: preventing service discontinuation   |   |  |  |  |   |   |   |   |  |  |
|---|---|--|--|--|---|---|---|---|--|--|
| Group Targeted for Intervention:  |   |  |  |  | Metrics:  |   |   | SEA Funding:  |  |  |
| □ African American S<br>□ Asian □ Fe  | StudentsFirst GenHFemaleDSPSEcMaleLGBTDis   |  | ster Youth<br>omeless<br>onomically<br>advantaged<br>ult ED/ESL<br>nealth_   | eless     Image: Retention       omically     Image: Retention       vantaged     Image: Retention       ED/ESL     Image: Retention   |   | <ul> <li>Matriculation</li> <li>Transfer</li> <li>Degrees</li> <li>Certificates</li> <li>Attain Living Wage</li> <li>Outreach</li> </ul>  | Transfer<br>Degrees SEA Funding Amount<br>Certificates 4<br>Attain Living Wage  |   |  |  |
| PROGRAI   | M PRO   | CESS   |  |  | PROG  |   | ٢S  |   |  |  |
| Resources (Inputs)  | Act   | <b>ivities</b> (Outputs)   | STUDENT OUTCOMES   |  |   |   |   | PILLARS   |  |  |
| What resources are you utilizing?<br>Check all that apply.  |   | are you specifically doing?<br>Check all that apply.   | Areas where you expect to see change. Check all that apply. (Credit to Learning Reco   |  |   | nsidered 2)   | The impact you expect to have.<br>Check all that apply.   |   |  |  |
| (O = Overall project/S = SEA funded)<br>O   S<br>Personnel (working directly on project)<br>□ Faculty<br>⊠ Manager<br>⊠ Classified Staff<br>□ Student Employees (peers)<br>⊠ STNC<br>Materials<br>Supplies<br>□ Printing/Graphics<br>□ Textbooks/Magazines/Periodicals<br>Services<br>□ Travel, Workshops<br>□ Travel, Workshops<br>□ Equipment Leases/services<br>□ External services/contracts<br>Equipment/Capital Outlay<br>□ Furniture<br>□ Technology equipment/software<br>□ Instructional/Non-Inst. Equipment<br>Direct Student Support<br>□ Supplies given to students (meal<br>vouchers, books, etc.)<br>□ Childcare<br>□ Awards (given for an award<br>received) | O         S           Direct W           ⊠ ⊠ 1:1 w           □         Work           □         Finar           (\$, bo         □           □         Acad           ⊠         Acad           ⊠         Acad           ⊠         Acad           ⊠         Acad           ⊠         Acad           □         Educatio           □         Educatio           □         Curri           Practition         Profe           □         Profe           □         Techn           □         Mark | cial or material assistance<br>oks, etc.)<br>emic support or preparation<br>career or other skill building<br>iculation step support<br><b>nal Activities</b><br>ational programs or workshops<br>ational planning<br>culum development<br><b>ner-focused Activities</b><br>issional/staff development | Cognitive Com         ⊠ Critical thinking         ⊠ Reflective thinking         ⊠ Effective reason         ⊠ Intellectual flex         ⊠ Emotional/cognitize         integration         ⊠ Identity/cognitize         integration         ⊠ Understanding         knowledge from         of disciplines (ac         ⊠ Connecting knowledge         experiences (in)         ⊠ Relate knowledge         aily life (applic:         □ Career decided         □ Technological         competence         Humanitariani         ⊠ Understanding         appreciation of         difference         □ Cultural competence         ⊠ Social responsition | s<br>ing<br>ing<br>ibility<br>ibility<br>itive<br>ve<br>a range<br>cquisition)<br>weledge to<br>ge, ideas, &<br>tegration)<br>ge to<br>ation)<br>ness<br>sm<br>and<br>human<br>tency | <ul> <li>Civic Engagement</li> <li>Sense of civic<br/>responsibility</li> <li>Commitment to publi<br/>life through communi-<br/>of practice</li> <li>Engage in principled<br/>dissent</li> <li>Effective in leadership</li> </ul> Inter/Intrapersona Competence I Realistic self-appraisa<br>and self-understandin Personal attributes<br>such as identity, self-<br>esteem, confidence,<br>ethics and integrity,<br>spiritual awareness,<br>personal goal setting Meaningful relationsi<br>Meaningful relationsi<br>Meaningful relationsi Interdependence Collaboration Ability to work with<br>people different fro<br>self | ties and vocational co<br>Maintain person<br>and wellness<br>Prioritize leisure<br>Media, Technolo<br>Information litera<br>Media, Technolo<br>Information litera | unication;<br>ge one's<br>ufficiency<br>ompetence<br>hal health<br>pursuits<br>ful and<br>ogy or<br>acy<br>cademic<br>ege<br>hieve<br>rsonal<br>emic goal | <ul> <li>INVITED &amp; WELCOMED ⊠</li> <li>Students feel a sense of belonging &amp; a part of the SRJC Community.</li> <li>Students introduced to campus activities, support services, and academic programs.</li> <li>Students' skills, talents, abilities &amp; experiences are recognized; they have opportunities to contribute on campus and feel their contributions are appreciated.</li> <li>GUIDED &amp; SUPPORTED ⊠</li> <li>Students know about and utilize services and supports that help them form an opinion, make a decision, stay on track.</li> <li>Students stay on track – keeping their eye on the prize.</li> <li>ENGAGED &amp; EMPOWERED ⊠</li> <li>Students actively contribute to the college community.</li> <li>Students feel they are reflected and represented in the campus culture and motivated to contribute.</li> <li>Students actively participate in class and extracurricular activities.</li> <li>Students feel somebody wants to help them succeed.</li> </ul> |  |  |

### SEA Funded Project Report Form 2019/20

| Project Name      | Category              | Contact | Students<br>Served | Student<br>Enrollment | Interactions per<br>Student/Term | Sea Funding<br>Received | SEA funds<br>% of Project |
|-------------------|-----------------------|---------|--------------------|-----------------------|----------------------------------|-------------------------|---------------------------|
| Student Health    | Student               | Bert    |                    |                       |                                  |                         |                           |
| Services: At Risk | Support &<br>Services | Epstein | 137                | 231                   | ~3                               | \$47,500                | %                         |

Please type in your responses to the below questions within the space provided.

#### Summarize your projects' overall goals and/or intentions for students.

The overall Student Health Services objective was to assist students with medical, social, psychological and academic risk to identify ways of improving likelihood of success to complete their academic and personal goals for the semester. This program casts a broad net and includes students at risk.

#### Please describe the specific activities supported by SEA funds.

Students presenting at student health for services completed an electronic self-check in screening to identify any risk factors for conditions that would negatively impact their success in the semester. The screening included thoughts of suicide, safety concerns where they live, risk of failing one or more classes, and identification of students with clinical conditions that would limit school performance.

With permission and inclusion of the student, the clinical or student psychological service provider would tag the chart electronically for case management follow up. The follow up contact could be accomplished through text, secure email, follow up phone call or direct meeting.

The data from the records with intense risk include 121 with clinical risk, 57 with substantial suicidal thinking, 36 with academic concerns, 11 with safety concerns, and 6 with suicidal intent.

#### Share any highlights or achievements your group had during the year – refer to the following data if applicable.

Student Health Services continues to serve those students at risk who are disproportionately impacted, and for almost all categories, at higher percentages than in the district. This is particularly so for low-income, DSPS, foster-youth, and African-American students. In these cases, this program saw these students at rates 62-400% higher than in the district.

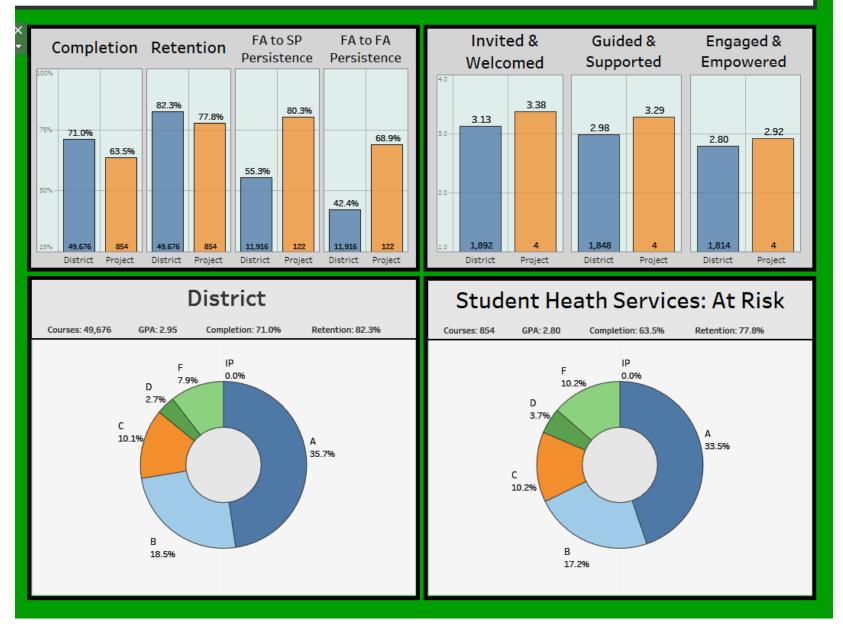
These students who experienced extreme mental health challenges were able to stay within 5-10% on course completion and retention, and they persisted (reenrolling from FA19 to SP20 and FA20) at a much higher rate than students district wide.

Overall, SHS assists students from disadvantaged groups who have extreme mental health challenges to remain at the college for future success academically and otherwise.

## **District & SEA Project Comparison**

FA19 & SP20

FT & PT Student Heath Services: At Risk



# **District & SEA Project Comparison**

FA19 & SP20

FT & PT

Student Heath Services: At

|   | Hea                 | Т               | C            |  |                                 |
|---|---------------------|-----------------|--------------|--|---------------------------------|
|   | & Pro               |                 | Con          |  |                                 |
|   |                     | District        | Project      |  |                                 |
| 4 | African<br>American | 935<br>2.5%     | 13<br>5.6%   |  | African<br>American             |
|   | Asian               | 1,515<br>4.0%   | 17<br>7.4%   |  | Asian                           |
|   | Filipino            | 347<br>0.9%     | 0.0          |  | Filipino                        |
|   | LatinX              | 14,230<br>37.5% | 84<br>36.4%  |  | LatinX                          |
|   | Multi<br>Ethnicity  | 2,182<br>5.8%   | 8<br>3.5%    |  | Multi<br>Ethnicity              |
|   | Native<br>American  | 220<br>0.6%     | 4<br>1.7%    |  | Native<br>American              |
|   | Pacific<br>Islander | 158<br>0.4%     | 0.0          |  | Pacific<br>Islander             |
|   | White               | 16,255<br>42.9% | 98<br>42.4%  |  | White                           |
|   | First<br>Gen        | 9,313<br>24.6%  | 43<br>18.6%  |  | First<br>Gen                    |
|   | Low<br>Income       | 12,174<br>32.1% | 119<br>51.5% |  | Low<br>Income                   |
|   | DSPS                | 2,866<br>7.6%   | 72<br>31.2%  |  | DSPS                            |
|   | Veteran             | 919<br>2.4%     | 3<br>1.3%    |  | Veteran                         |
| 4 | Foster<br>Youth     | 654<br>1.7%     | 18<br>7.8%   |  | Foster<br>Youth                 |
|   | LGTBQ               | 592<br>1.6%     | 8<br>3.5%    |  | LGTBQ                           |
|   | Homeless            | 92<br>0.2%      | 2<br>0.9%    |  | Homeless                        |
|   | Totals              | 37,933          | 231          |  | Averages                        |
|   |                     |                 |              |  | Combined<br>Average <b>71</b> . |

| Course  |       |       |  |  |  |  |  |
|---|-------|-------|--|--|--|--|--|
| Completion                                      |       |       |  |  |  |  |  |
| District Project                                |       |       |  |  |  |  |  |
| African<br>American                             | 59.2% | 38.6% |  |  |  |  |  |
| Asian   | 73.1% | 82.1% |  |  |  |  |  |
| Filipino  | 69.2% | 0.0   |  |  |  |  |  |
| LatinX  | 67.1% | 54.4% |  |  |  |  |  |
| Multi<br>Ethnicity                              | 72.1% | 58.3% |  |  |  |  |  |
| Native<br>American                              | 69.0% | 94.4% |  |  |  |  |  |
| Pacific<br>Islander                             | 63.7% | 0.0   |  |  |  |  |  |
| White   | 74.1% | 68.6% |  |  |  |  |  |
| First<br>Gen                                    | 68.9% | 73.8% |  |  |  |  |  |
| Low<br>Income                                   | 65.7% | 56.4% |  |  |  |  |  |
| DSPS  | 74.2% | 57.7% |  |  |  |  |  |
| Veteran   | 68.0% | 58.3% |  |  |  |  |  |
| Foster<br>Youth                                 | 53.4% | 45.6% |  |  |  |  |  |
| LGTBQ   | 61.9% | 71.1% |  |  |  |  |  |
| Homeless  | 35.7% | 81.8% |  |  |  |  |  |
| Averages  | 71.0% | 63.5% |  |  |  |  |  |
| nbined<br>verage <b>71.4%</b> DI < <b>69.4%</b> |       |       |  |  |  |  |  |

| Course                 |          |         |   |  |  |
|------------------------|----------|---------|---|--|--|
| Retention              |          |         |   |  |  |
| Rei                    | District | Project |   |  |  |
| African<br>American    | 77.0%    | 79.5%   |   |  |  |
| Asian                  | 83.7%    | 91.0%   |   |  |  |
| Filipino               | 82.8%    | 0.0     |   |  |  |
| LatinX                 | 80.9%    | 73.0%   |   |  |  |
| Multi<br>Ethnicity     | 82.4%    | 77.8%   |   |  |  |
| Native<br>American     | 81.9%    | 94.4%   |   |  |  |
| Pacific<br>Islander    | 82.1%    | 0.0     |   |  |  |
| White                  | 83.3%    | 76.9%   |   |  |  |
| First<br>Gen           | 81.6%    | 87.2%   |   |  |  |
| Low<br>Income          | 79.0%    | 73.1%   |   |  |  |
| DSPS                   | 82.3%    | 68.1%   |   |  |  |
| Veteran                | 83.3%    | 91.7%   |   |  |  |
| Foster<br>Youth        | 71.7%    | 69.1%   |   |  |  |
| LGTBQ                  | 77.9%    | 76.3%   |   |  |  |
| Homeless               | 62.5%    | 90.9%   |   |  |  |
| verages                | 82.3%    | 77.8%   | F |  |  |
| ned<br>age <b>83.2</b> | 2% DI<   | 81.29   | 6 |  |  |

Combin Avera

| Persist   | (FA19 to SP20)<br>FA19 to FA20) |                  |  |  |
|---|---------------------------------|------------------|--|--|
|   | District                        | Project          |  |  |
| African<br>American                                 | 47.2%<br>42.6%                  | 55.6%<br>33.3%   |  |  |
| Asian   | 58.3%<br>49.0%                  | 88.9%<br>88.9%   |  |  |
| Filipino  | 51.4%<br>43.1%                  | 0.0              |  |  |
| LatinX  | 56.7%<br>45.9%                  | 88.1%<br>73.8%   |  |  |
| Multi<br>Ethnicity                                  | 56.2%<br>40.7%                  | 75.0%<br>50.0%   |  |  |
| Native<br>American                                  | 48.1%<br>40.3%                  | 100.0%<br>50.0%  |  |  |
| Pacific<br>Islander                                 | 43.8%<br>37.5%                  | 0.0              |  |  |
| White   | 57.0%<br>42.1%                  | 78.8%<br>71.2%   |  |  |
| First<br>Gen  | 55.3%<br>43.7%                  | 81.8%<br>68.2%   |  |  |
| Low<br>Income                                       | 56.7%<br>45.5%                  | 86.2%<br>69.0%   |  |  |
| DSPS  | 71.8%<br>60.3%                  | 80.0%<br>65.0%   |  |  |
| Veteran   | 52.4%<br>37.2%                  | 100.0%<br>100.0% |  |  |
| Foster<br>Youth                                     | 47.7%<br>40.9%                  | 70.0%<br>30.0%   |  |  |
| LGTBQ   | 40.0%<br>29.4%                  | 100.0%<br>75.0%  |  |  |
| Homeless  | 21.4%<br>21.4%                  | 100.0%<br>100.0% |  |  |
| Fall to Spring<br>Fall to Fall                      | 55.0%<br>42.0%                  | 79.7%<br>68.3%   |  |  |
| FA to SP<br>Average 63.5% FA to FA<br>Average 46.9% |                                 |                  |  |  |